

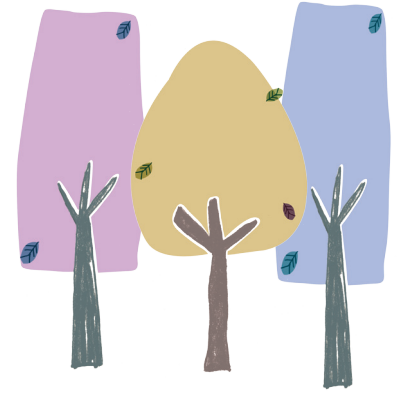
The Forest of Dreams

Promoting aspirational thinking, this activity is a great way of supporting your pupils in thinking about and articulating their hopes and dreams for the future.

Year Groups: Year 3, Year 4, Year 5, P4, P5, P6

Outcome: Promotion of aspirational thinking

Preparation: Print copies of the Trees – on card (one per pupil)



Instructions

1. Explain to the pupils that they are going to be thinking about something they hope for from the future. You might want to provide a framework for their thinking – something they want to achieve in a particular subject, perhaps.
2. Tell the pupils to discuss their hopes and dreams on their tables, jotting their ideas down on rough paper.
3. Tell them that they must now pick one of their ideas – one that is achievable. They should discuss with their tables what they could do to nurture this hope and make it come true – again jotting their ideas down, before picking one strategy (which must be realistic).
4. Hand out the Trees, one per pupil. Give pupils a set amount of time to use one side of their Tree to write down the hope they have chosen – and the other to write down the route to achieving it.
5. Share everyone's ideas – and display the cut-out Trees. At its simplest and easiest, you might simply pin the Trees to a display board – but you could also attach the trees to lolly sticks and fill a seed tray with soil, with each pupil planting their tree in it to create a Forest of Dreams!
6. At an appropriate point later in the term or the year, return to the Trees. Have pupils achieved their aspirations? If not, what further steps can they take?

