# Getting SMART about Resolutions

Hit the ground running as soon as you get back in the new term – by promoting pupil-led, positive attitudes to learning from the outset!

Get in touch and let us know about your experiences of using this resource with your pupils at: info@as-creatives.com or tweet us @ascreatives

#### **Activity Overview:**

Hit the ground running as soon as you get back in the new term - by promoting pupil-led, positive attitudes to learning from the outset. And don't forget to give pupils a chance to assess their progress at the end of the month!

#### **Target Audience:**

KS1 - KS4

#### **Resources:**

- Paper
- Pencils
- SMART PowerPoint slide
- Downloadable Resolutions Record sheet

#### Instructions (Whole class approach):

(1) Lead a discussion on the notion of New Year Resolutions - exploring how easy it can be to quickly forget these once made.

(2) Introduce the SMART PowerPoint slide as a way of testing whether a resolution is worthwhile ...

- Is it Specific?
- Is it Measurable?
- Is it Achievable?
- Is it Relevant?
- Can it be achieved in a reasonable Timescale?

Introduce the downloadable Resolutions Record sheet. Agree and record SMART-tested resolutions for ...

- Science
- Maths
- Attendance and Punctulality
- **Reading and Writing**
- Teamwork

(4) Display your Class Resolutions Record.













## Instructions (Small-Group Approach):

(1) Lead a whole-class discussion on the notion of New Year Resolutions – exploring how easy it can be to quickly forget these once made.

(2) Introduce the SMART PowerPoint slide as a way of testing whether a resolution is worthwhile ...

- Is it Specific?
- Is it Measurable?
- Is it Achievable?
- Is it Relevant?
- Can it be achieved in a reasonable Timescale?

(3) Introduce the downloadable Resolutions Record sheet.

(4) Divide the class into small groups. Instruct them to agree and SMART-tested resolutions, recording their responses on paper. The five categories are ...

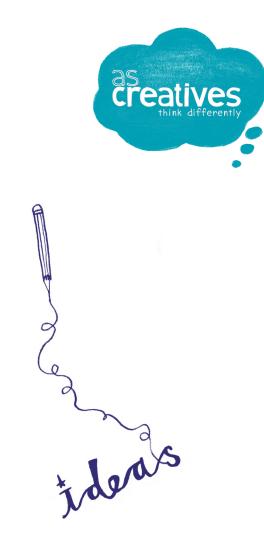
- Science
- Maths
- Attendance and Punctulality
- Reading and Writing
- Teamwork

(5) Once you have seen and approved a group's resolutions, they can be recorded on the downloadable Resolutions Record sheets.

(6) Display each groups' Resolutions Record.

### Follow-Up Work:

At agreed points in time, return to the Resolutions Record/s, exploring how successfully (or not) they have been kept – and strategies for improvement. Peer Assessment is a great way of achieving this!



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