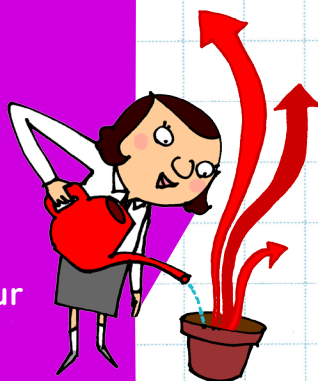


# Grown Your Own Person

Reflecting on who you want to be – and how you'll get there ...

Get in touch and let us know about your experiences of using Grown Your Own Person with your pupils at: [info@as-creatives.com](mailto:info@as-creatives.com) or tweet us @ascreatives



## Resources:

Person Outline – one per pupil (see the pdf)

- Seed Stick / Lollystick – one per pupil
- Pencils & colours
- Planting tray + soil – two per class - or
- Newspaper plant pots, one per pupil. You can buy Paper Potters from £4.00 each – and you'll need one sheet of newspaper per child
- Spoons for adding soil to trays or pots

## Preparation:

- None

## Introduction:

1. Facilitate a discussion on personal growth. What sort of people do the pupils want to be? While you probably won't want to exclude career aspirations, you're better focusing on characteristics: kind, honest, hardworking, ambitious etc.

2. Explain that each pupil is going to plant their own person.

## Application:

1. If the pupils are going to make their own newspaper plant pots, make (and fill) these at the outset.

2. Give every child a Person Outline – this will be the label for their plant. Ask them to write on it words that describe the sort of people they want to be. Once they've completed this they can illustrate their labels.

3. Facilitate a discussion on how these positive attributes can be nurtured. Will they need plenty of attention?

Positive role models? Space to grow? Company? What else can the children think of?

4. Give each child a Seed Stick/Lollystick. Ask them to write their "nurture instructions" on these.

5. Once completed, the Seed Sticks/Lollysticks are taped/glued to the completed Personal Outlines and planted in the planting trays or plant pots.

## Looking Back:

- Support the pupils in their personal growth by encouraging them to look back at their plants once a week – are they living up to their hopes?

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Find more resources on our website [www.as-creatives.com](http://www.as-creatives.com)

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